

PROGRAM FEES

2 day
GPA Certified Coach Workshop
\$500 (plus GST)
\$450 (plus GST) *for CGEC members*

Fees include program materials,
continental breakfast & lunch for both
days.

PROGRAM DATES & LOCATION

*Please see the RGPC Education
Calendar for session dates.*

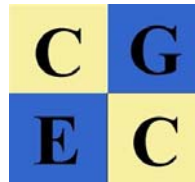
www.rgpc.ca



REGISTRATION INFORMATION

Please call Paula DiLoreto to receive
your registration package.
Spaces are limited to 16 per session.
Certificate will be issued upon
workshop completion.

905-777-3837 x12506



Continuing Gerontological Education Cooperative
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GPA

Gentle Persuasive Approaches

Certified Coach Training for Gentle Persuasive Approaches in Dementia Care



An Innovative Education Curriculum

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Landon Center on Aging "Images of Aging" photo contest,
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WHAT IS “GENTLE PERSUASIVE APPROACHES TO DEMENTIA CARE”?

Gentle Persuasive Approaches to Dementia Care, otherwise known as GPA, is an innovative education curriculum that is offered to long-term care facilities throughout the region of Ontario.

Many front-line staff in long-term care have little or no training in the management of challenging behaviour associated with dementia. Staff consistently report feeling vulnerable and at risk of injury if they have not been trained in respectful, non-violent, self-protection techniques.

The GPA curriculum addresses these needs and is designed for delivery to interdisciplinary groups from all departments within the long-term care setting, for example, health care aides, dietary aides, and housekeeping staff.

“I found this very helpful, I could see the staff enjoyed this and gained knowledge that will better allow them to take care of the residents not only in the secured area but within the whole facility.”

2 DAY WORKSHOP

As a Certified Coach, you will be responsible for training staff, both professional and non-regulated who care for persons with dementia in the long term care sector. As a Certified Coach, you are eligible to receive several benefits, including:

- Authorization to teach the GPA course
- Use of the GPA coach and course manuals
- Consultation and networking with other GPA certified Coach
- Use of GPA resource information

In certifying you as a GPA Coach, CGEC authorized you to teach the GPA educational programme to the staff within your geographical region of your workplace.



BECOMING A CERTIFIED COACH

To qualify for acceptance for the program you must be a PRC or PEC or have the following:

- Experience in Dementia Care
- Experience in teaching
- Ongoing relationship with recipients of GPA training (i.e. LTC home, Adult Day Program)
- Letter of support from employer
- Post Secondary Education in Related field
- And attach current C.V.

COURSE CONTENT

Module 1 – Overview of the principles of person-centered care, meaning behind responsive, self-protective behaviours of persons with dementia

Module 2 – Introduction to impact of dementia on the brain. Discussion centres on the A’s of dementia (anosognosia, amnesia, aphasia, agnosia, apraxia, altered perception, attentional deficits, apathy), relationship of each to responsive behaviours in dementia, and care implications

Module 3 – Overview of interpersonal, environmental and communication strategies that assist front-line staff to respond effectively to escalating behaviours

Module 4 – Overview of body containment principles that when respectfully used in the clinical setting can assist staff to de-escalate the person with dementia, particularly when the behavioural profile includes physical acting out. Staff participants learn how to protect themselves. They also learn respectful escort techniques, both individual and team versions that can be used to manage catastrophic behaviours. Staff participants have an opportunity to apply the techniques in role play situations.

